

## **Tour To Ghana, Togo And Benin**

### **Voodoo Festival (Special Event)**

**12 Days / 11 Nights**

**Scheduled departure dates from Accra in 2018: Jan 7<sup>th</sup>  
Minimum 2 – Maximum 16 participants**

*January 10th is always a very special day in Benin, a day for celebrating ancestral cults. In particular all the Voodoo's adepts meet in Ouidah and then convey in a long procession to the Door of No Return, some on foot while others by motorbike or "taxi-brousse".*

*They are all dressed up in traditional costumes, white being the dominant colour.*

*The Festival reaches its peak with the arrival of the Dagbo Houno, the chief "feticheur".*

*Dances, libations, masks and some official speeches are all part of the morning programme.*

*Our fantastic cultural odyssey then heads inland, through northern savannah -- we discover the Taneka tribe on a rocky mountain, the Tamberma people with their fairy-tale clay castles and finally we enter the Ashanti kingdom in Kumasi. We end our tour exploring the former Slave Coast, with its haunting European forts.*

*One of the most complete and spectacular tours in West Africa, and on a very unique occasion.*

*Great experience combined with the choice of good accommodation.*

*For travellers who want to get acquainted with this incredible region ... and love Africa!*



### **DAY BY DAY PROGRAM**

#### **DAY 1: Accra, Gulf of Guinea -- [GHANA](#)**

Arrival in **Accra** (Ghana) and transfer to the hotel. Free time to relax.

**Meals** own arrangements

**Overnight** Accra City Hotel or similar (all rooms ensuite and with aircon)

#### **DAY 2: African metropolis, from Accra to Lome (210 km - - 4 hrs) – [GHANA & TOGO](#)**

**Accra**, the capital of Ghana, has maintained its unique identity despite the fast paced development currently underway in this intriguing African city. The program includes a visit to the National Museum, one of the first works

of independent Ghana -- the idea inspiring the Museum is to relate Ghanaian art to the rest of the continent and to prove the existence of an African history as part of the general history of humanity. We explore the old quarter of James Town, inhabited by the local population known as the Ga. Our day tour ends with the visit of a workshop specialized in building fantasy coffins. These special handcrafted coffins can reflect any shape: fruits, animals, fish, cars, airplanes.... the only limit being imagination! Started in Africa, these flamboyant coffin designs are by now collected worldwide and exposed in museums.  
Drive to Lomé and Togo border crossing (Aflao)

**Meals** included in a local restaurant or pic nic and at the hotel  
**Overnight** Ibis or similar (all rooms ensuite and with aircon)

### **DAY 3: Fetish market, from Lomé to Ouidah (150 km - - 3 hrs)-- [TOGO & BENIN](#)**

**Lomé city tour.** Lomé, the vibrant capital of Togo, is the only African city which was a colony of the Germans, the British and the French. It is also one of the few capitals in the world bordering with another nation. These elements have led to the development of a unique identity, reflected in the life--style of its inhabitants and in the architecture of the town: Lomé is indeed a cross point for people, trade and cultures, a cosmopolitan city in small size. We will visit: the central market with its famous "Nana Benz", the women in control of the market of the expensive "pagne" (=cloth) coming from Europe and sold all over West Africa (*unfortunately the market has been partially destroyed by fire*);; the colonial buildings in the administrative quarter where the flavour of colonial time is still very present;; and the fetish market where we can find an eclectic assortment of all the necessary ingredients for love potions and magical concoctions.

We later move inland and step into **voodoo world**. Meeting with a traditional healer -- traditional healers treat their patients combining voodoo rites with their deep knowledge of ancestral herbs. Treatments are believed to be effective for almost all diseases, especially for insanity. The endless list of voodoos shows the endless powers concentrated in their impressive shrines!

**Meals** included in a local restaurant or pic nic and at the hotel  
**Overnight** Hotel Casa del Papa or similar (all rooms ensuite and with aircon)

### **DAY 4: Voodoo festival, Ouidah -- [BENIN](#)**



Every **10th of January** is a national celebration day in Benin, honouring traditional religion and all cults associated with it. Ouidah in particular is where dozens of voodoo ceremonies are held, calling thousands of adepts, traditional chiefs and fetish priests.

**Ouidah** was conquered by the Dahomey army during the XVIII century to become one of the main slave ports. Today the town enjoys an Afro--Portuguese architecture, and the python temple faces the Catholic Cathedral. The laid back attitude of the locals blends in harmoniously with the thunder of the distant waves and the rhythm of the drums -- a timeless atmosphere very well described by Bruce Chatwin in his book "The Vice--Roy of Ouidah". On foot we visit the Python Temple and the Portuguese Fort, now a museum on the history of Ouidah and on the slave trade. We then end our city tour by following the "slave road" to the beach, the point of "no return" where slaves used to board ships.

As per the program of festivities, we will choose the best sites -- the festival takes place in the entire region around Ouidah.

**Meals** included in a local restaurant or pic nic and at the hotel  
**Overnight** Hotel Casa del Papa or similar (all rooms ensuite and with aircon)

### **DAY 5: African Kingdoms, from Ouidah to Dassa (250 km – 5 hr) -- [BENIN](#)**

We cross **Lake Nokwe** with a motorized boat and reach **Ganvié**, the largest and most beautiful African village on stilts. The approximately 25,000 inhabitants of the **Tofinou** ethnic group build their huts on teak stilts and cover the roofs with a thick layer of leaves. Fishing is their main activity. The village has managed to preserve its traditions and environment despite the long--lasting human presence in a closed setting;; and the lake is not over--fished. Life unfolds each day around the canoes that all people manoeuvre with ease using brightly colored poles: men fish, women deliver goods to the market and children go to school and play.



We then move to **Abomey** where we visit the Royal Palace – its walls decorated with bas-reliefs representing symbols of the ancient Dahomey kings. Now a museum listed on the Unesco World Heritage List, the palace displays items belonging to the ancient rulers: thrones, cult altars, statues, costumes and weapons. The Kingdom economy was for a long time based on the slave trade: a permanent state of war made it possible for the kings to capture thousands of prisoners whom they then sold as slaves. The royal army included a female troop famous for its boldness and aggressive fighting spirit. At the height of their power there were

up to 4.000 women in the palace harem. In the middle of the royal courtyard there is a temple built with a mixture of clay, gold dust and human blood. A walk around the buildings helps the visitor to recall the past splendour of the court, a court who also proudly challenged the powerful armies coming to colonize the continent.

**Meals** included in a local restaurant or pic nic and at the hotel  
**Overnight** Hotel Jeko or similar (all rooms ensuite and with aircon)

**DAY 6: Fetish hills, from Dassa to Natitingou (350 km – 6 hr) – BENIN**

We stop at the **Dankoli Fetish**, an important place for the Voodoo cult: thousands of little sticks are pushed in the fetish as testimony of the countless prayers for a good harvest, a happy wedding, an easy delivery, success at school etc. Once the prayers are answered, people come back to sacrifice what they had promised -- a goat, a chicken or a cow, according to the nature of the prayer. Traces of blood, palm alcohol or oil on the fetish are proof that many prayers have been answered.

In the afternoon, we discover old **Taneka** villages located on a mountain of the same name. The villages are made up of round houses, covered with a conical roof protected, at the top, by a terra cotta pot. The upper part of the village is inhabited by the young initiated and by the fetish priests who only cover themselves with a goat skin and



always carry a long pipe. This tribe has been living on an archaeological site for centuries, in fact it looks as if the first inhabitants (from Kabye origins) moved to the mountain during the IX century. Since then, other populations have joined thus forming a kind of melting-pot where, despite the fact that each group kept its own cults and initiation rites, common religious and political institutions have been defined. As we wander along alleys bordered by smooth stones, we may come across half naked men. The Taneka people believe that in order to "become" a man, it is necessary to combine time, patience and a lot of... blood from sacrificed animals. It actually is a lifetime process in the sense that life itself becomes a rite of passage, therefore life should not be conditioned by a "before" and an "after" but rather it follows a continuous path.

**Meals** included in a local restaurant or pic nic and at the hotel  
**Overnight** Hotel Tata Somba or similar (all rooms ensuite and with aircon)

**DAY 7: Fire Dance, from Natitingou to Sokode (180 km – 4 hr) – BENIN & TOGO**

We enter the land of the **Somba & Tamberma** who live in fortified dwellings. Similar in form to medieval castles, they are one of the most beautiful examples of ancient African architecture. Their style impressed Le Corbusier so much that he spoke of «sculptural architecture». In fact houses are built by hand, layer after layer, adding round mud balls and shaping them as per the plan of the house. A kind of sensual gesture mixing strength, care and beauty. Their strong tradition beliefs are proved by the presence of big shrines -- of phallic form -- at the entrance of their homes. With the permission granted to us by the inhabitants we enter a few homes to better understand their way of life. In truth their houses are a projection of their anthropology and cosmology -- the ground floor, with its darkness, represents death and is the place of ancestors;; the second floor, open to the sky, represents life and is the place where grand--mothers keep babies until they "find out" which ancestor has come back as the new



life -- only then will the baby be allowed to come down from the terrace. All -- family, food supplies and stock -- are kept inside the house, for safety and survival in case of attack by enemies. For centuries these populations have been seeking refuge in the Atakora Mountains to escape slave traders.

Togo border (Bokoumbe/Nadoba)

In the evening, **fire dance**. At the centre of the village a large fire lights up the faces of the participants, they dance to the hypnotic beat of the drums and eventually leap into the glowing embers, pick up burning coals, pass them over their bodies and even put them in their mouths ... all this without hurting themselves or showing any sign of pain. It's difficult to explain such a performance. Is it matter of courage? Self-suggestion? Magic? Maybe it really is the fetishes that protect the participants from the fire.

**Meals** included in a local restaurant or pic nic and at the hotel  
**Overnight** Hotel Central or similar (all rooms ensuite and with aircon)

#### **DAY 8: Rainforest, from Sokode to Kloto (290 km – 5 hr) – TOGO**

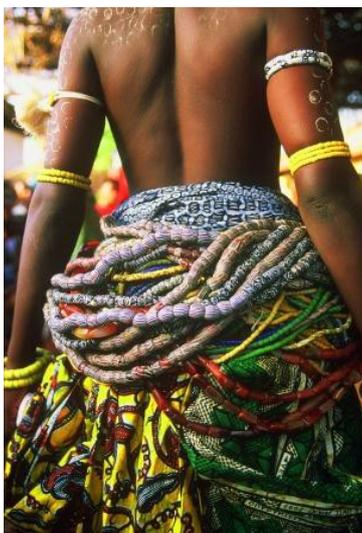
We will head southwards, with a stop on the way in **Atakpame**, a typical African town built on a hill where it is possible to find all the products coming from the nearby forests. Through their skilled work on small weaving looms, the men of the region make the large brightly coloured fabric called "Kente".

From Atakpame we then move to the **tropical forests** surrounding Kpalime, a town with a rich colonial past which is now an important trading center. Visit of the market and of the arts center.

At night, a **walk in the forest** to discover the mysterious world of the tropical forest and meet with the majesty of the tropical trees, the sounds of tam-tams and the echoes of wild animals. Under the guidance of a local entomologist, we will learn about endemic butterflies and insects.

**Meals** included in a local restaurant or pic nic and at the hotel  
**Overnight** Auberge JP Nectar (all rooms ensuite)

#### **DAY 9: Glass beads, from Kpalime to Akossombo (200 km – 5 hr) – GHANA**



Ghana border crossing and continuation to the Volta Region.

The **Monkey Sanctuary of Tafi Atome** was created in 1993 to protect a community of sacred monkeys living in the forest. According to century-old traditions, in this village monkeys and tortoises are considered sacred species thus demanding respect and protection -- in particular the monkeys are the "spokesman" of tortoises. We will take a lovely walk in the forest, lead by a local guide, to encounter this great community of Monas and Colobus monkeys.

The area of **Krobo** is famous all around the world for its beads. Here they are produced and used for cults and aesthetic purposes. We will visit a factory specialized in their production and even follow the process of making one! The craftsmen have been making beads following the same long lasting technique for centuries. They use scrap glass that is first grounded into a fine powder then meticulously made into patterns and placed into hand-made clay moulds covered in kaolin. Beads are cooked then decorated, washed and eventually strung.

**Meals** included in a local restaurant or pic nic and at the hotel  
**Overnight** Afrikiko Resort similar (all rooms ensuite and with aircon)

#### **DAY 10: Ashanti, from Akosombo to Kumasi (250 km – 5 hr) – GHANA**

**Kumasi** is the historical and spiritual capital of the old Ashanti Kingdom. The Ashanti people were one of the most powerful nations in Africa until the end of the XIX century, when the British annexed Ashanti Country to their Gold Coast colony. The tribute paid today to the Asantehene (=King) is the best evidence of their past splendour and strength. With nearly one million inhabitants, Kumasi is a sprawling city with a fantastic central market, one of the biggest in Africa. Every type of Ashanti craft (leather goods, pottery, Kente cloth) is found here, along with just about every kind of tropical fruit and vegetable.

The program includes a visit to the Ashanti Cultural Centre: a rich collection of Ashanti artefacts housed in a wonderful reproduction of an Ashanti



house. In the afternoon, we participate – if available – in a traditional Ashanti funeral, attended by mourners wearing beautiful red or black togas. We say “funeral” but here it actually means a “festive” celebration: the deceased is believed to be still with his/her family and through this ceremony he/she becomes an ancestor. Relatives and friends gather, socialize and celebrate his/her memory. The chief arrives surrounded by his court, under the shade of large umbrellas, while drums give rhythm to the dancers whose intricate moves are highly symbolic.

**Meals** included in a local restaurant or pic nic and at the hotel  
**Overnight** Miklin Hotel or similar (all rooms ensuite and with aircon)

### **DAY 11: Golden Kingdoms, from Kumasi to Anomabu (250 km – 4 hr) – GHANA**

In the morning continuation of the tour of Kumasi, with the visit of the Royal Palace Museum hosting a unique collection of gold jewels worn by the Ashanti court.

In the afternoon drive to the coast.

**Meals** included in a local restaurant or pic nic and at the hotel  
**Overnight** Anomabu Beach Resort or similar (all rooms ensuite and with aircon)

### **DAY 12: Slaves’ Castles, from Anomabu to Accra (180 km – 3 hr) – GHANA**



We start our day with the visit of **Elmina Castle**, the oldest European building in Africa, erected by the Portuguese in the XV century. At different times the castle has been used as a warehouse to trade gold, ivory, and eventually slaves. The castle we visit today is the result of successive extension works and is recognized as a UNESCO World Heritage site. The old Dutch Cemetery in Elmina goes back to 1806. Outside the castle, a wonderful fishing village with lots of large colorful fishing boats -- every day these canoes are guided by skilled fishermen across strong ocean waves and currents, “fighting” to earn a living. In the old town we will see the Posuban, the shrines of the old “Asafo companies” -- the warriors who used to put their offerings on the large colorful

statues. The alleys in the old town have a very lively atmosphere, bringing us back to a time when Elmina was a busy colonial town.

In the late morning drive to **Accra** and in the evening transfer to the airport for the flight out.

**Meals** breakfast and lunch included in a local restaurant and at the hotel; dinner own arrangement  
**Day-use** Rooms in day-use till 18.00 hrs (all rooms ensuite and with aircon)

#### **Included:**

- Assistance at Accra airport upon arrival and departure
- Transfers and tour in minibuses/microbuses and/or 4WD vehicles
- Local guide (languages spoken: English, French, German, Italian and Spanish)
- Tours and visits as per the programme
- Pass for the festival in Ouidah
- Accommodation in standard rooms, as per itinerary
- All meals as described, from breakfast on day 2 to lunch on day 12
- Mineral water in the bus/car during the visits
- Entrance fees to parks, concessions, protected areas and cultural sites
- First Aid box
- All service charges and taxes

#### **Not included:**

- International flights to/from Accra
- Visa fees and any airport departure taxes
- Any meal or sightseeing tour other than those specified
- Mineral water and drinks at meals
- Porterage
- Fees for personal photos and videos

- Personal and holiday insurance (compulsory)
- Tips for drivers, guides and hotel staff
- Costs relating to delayed or lost luggage
- Any item of personal nature such as phone calls, laundry, etc.
- Whatever is not mentioned as included

**Important:**

- VISAS: Ghana & Togo - two entries visa;; Benin - single entry visa
- VACCINATIONS: Yellow fever – compulsory;; malaria prophylaxis -- highly recommended.
- MEALS: lunch, picnic or at local restaurants (tourist menus);; dinner at the hotel restaurant (tourist menu)
- LUGGAGE: max 20 kg and in duffle bags
- TRAVEL INSURANCE: compulsory for medical assistance and evacuation in case of emergency and for physical or material damages resulting from the trip.
- MEANS OF TRANSPORTATION: microbus or minibus or 4x4 vehicles
- All our trips are designed to be flexible so that we can adapt to weather conditions, focus on the group’s interests and take advantage of opportunities that arise once there.
- Considering the special nature of the journey, some parts may be modified due to unpredictable factors and are based on unarguable decisions of the local guide. Costs originating from such variations will be sole responsibility of the participants. Of course the guide will do his/her utmost to adhere to the original program.
- There are 6 border--crossings in African countries, hence some delays are to be expected and patience is necessary.
- The tour may be reversed without any amendment to program
- Prices could change in case of major changes in services costs, beyond the organizer’s will

**Rates per person in sharing double**

<b>Number of Participants</b>	<b>Published Rate</b>
Based on <b>6+ pax</b>	<b>2 550</b> Euro
Based on <b>2 / 5 pax</b>	<b>2 875</b> Euro
Single supplement	<b>560</b> Euro